

# STAY HEALTHY... BECAUSE VACCINES WORK

Getting a COVID-19 vaccine is a safer choice.

**The arrival of safe, effective COVID-19 vaccines is a major development in the coronavirus pandemic.** An effective COVID-19 vaccine will help protect you from becoming sick if you are exposed to the virus. As more people are vaccinated, families and communities will be able to gradually return to a more normal routine.

It's natural to wonder if brand new vaccines developed at unprecedented speed, are effective and safe to take. But here's what the Partnership for Maternal & Child Health of Northern New Jersey wants you to know:



Overall effectiveness has been reported in the range of 70% to 95%. That's well above the average effectiveness of the flu vaccine, for example.



Side effects have been minor. And a side effect or reaction isn't necessarily all bad; it may indicate that the body is building protection against the virus.



The vaccine can't cause COVID-19 because no live SARS-CoV-2 virus is used. If a person develops COVID-19 soon after vaccination, it's not due to the vaccine.



The vaccines are safe for people with underlying medical conditions. They are even safe for pregnant women and women planning a pregnancy.

Sure, there are pros and cons to any new medical treatment. But remember there are also consequences to declining treatment. The decision to be vaccinated against COVID-19 should be an easy one.

**Let us be a resource for you.**  
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New Jersey



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