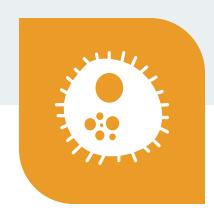
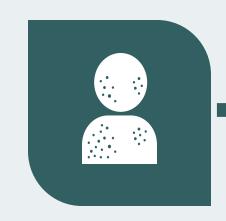
# Monkeypox (hMPXV) Key Facts New Jersey Department of Health N







- Human monkeypox (hMPXV) virus can make you sick and cause disease, including a rash or sores (pox), often with an earlier flu-like illness.
- Monkeypox (hMPXV) can spread to anyone through close, personal, often skin-toskin contact.



### **Symptoms**

- Early flu-like symptoms of monkeypox (hMPXV) can include fever, headache, muscle aches, backache, swollen lymph nodes, chills, and exhaustion
- Rash appears within 1 to 3 days (sometimes longer) after fever, often beginning on the face then spreading to other parts of the body
- Illness usually lasts 2–4 weeks



### **Transmission**

- Monkeypox (hMPXV) can spread through:
  - Direct contact with monkeypox (hMPXV) rash, sores or scabs
  - Contact with objects, clothing, bedding, towels, or surfaces used by someone with monkeypox (hMPXV)
  - Respiratory droplets or oral fluids from a person with monkeypox (hMPXV)
- Monkeypox (hMPXV) can spread from the time symptoms start until all sores have healed, which can take several weeks



### Recent Clusters of Monkeypox (hMPXV)

- Cases of monkeypox (hMPXV) have been recently reported in several countries that don't normally have monkeypox activity, including the United States.
- The monkeypox (hMPXV) virus is spreading mostly through close, intimate contact with someone who has monkeypox (hMPXV).





## **Diagnosis & Treatment**

- Healthcare providers should be alert for patients with rash illnesses consistent with monkeypox (hMPXV), regardless of gender or sexual orientation, particularly those with travel history or other risk factors
- There is no specific treatment for monkeypox (hMPXV), although antivirals developed for use in patients with smallpox may be beneficial



#### Recommendations for the Public

- Risk to the general public is low
- Seek medical care immediately if you are concerned you have monkeypox (hMPXV)
- Avoid close contact with sick people, including people with skin lesions or genital lesions



#### **For More Information**

- Contact your healthcare provider with medical questions
- Visit: nj.gov/health/monkeypox