For more NJ SNAP information visit www.njsnap.gov

Call 1-800-687-9512 or your County Board of Social Services:

Atlantic  609-348-3001  Middlesex  732-745-3500
Bergen  201-368-4200  Monmouth  732-431-6000
Burlington  609-261-1000  Morris  973-326-7800
Camden  856-225-8800  Ocean  732-349-1500
Cape May  609-886-6200  Passaic  973-881-0100
Cumberland  856-691-4600  Salem  856-299-7200
Essex  973-395-8000  Somerset  908-526-8800
Gloucester  856-582-9200  Sussex  973-383-3600
Hudson  201-420-3000  Union  908-965-2700
Hunterdon  908-788-1300  Warren  908-475-6301
Mercer  609-989-4320

Philip D. Murphy, Governor
Sheila Y. Oliver, Lt. Governor

NJ Department of Human Services | Division of Family Development
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To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at https://www.usda.gov/sites/default/files/documents/USDA-OASCR%20P-Complaint-Form-0508-0002-508-11-26-17%20FINAL.pdf, from any USDA office, by calling (833) 620-1071, or by writing a letter addressed to USDA. The letter must contain the complainant’s name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to:

(1)  mail: Food and Nutrition Service, USDA
     1320 Braddock Place, Room 334
     Alexandria, VA 22314
(2)  fax: (833) 256-1665 or (202) 690-7442
(3)  email: msccivilrightscomplaints@usda.gov

This institution is an equal opportunity provider.
What is NJ SNAP?
NJ SNAP is the nutrition assistance program to help low-income individuals and families buy the groceries needed to eat healthy.

Sometimes people feel they shouldn’t need help putting food on the table, but sometimes making ends meet is a struggle. If you are not sure how or if you can pay for your next meal or next week’s groceries, NJ SNAP can help.

Who is Eligible?
- Low-income working families and individuals.
- Individuals that just lost their unemployment benefits.
- Unemployed or part-time workers.
- Seniors and people with disabilities who meet the income standards.

How Can I Apply?
Go to NJHelps.gov to pre-screen or to apply online. This is a quick and easy way to find out if you might be able to get help. With the online application, you will spend less time in the office for your interview.* NJ SNAP benefits are issued through the easy-to-use “Families First” electronic benefits card.

*If you are unable to get to the county Board of Social Services due to illness or disability, you may send an authorized representative or request a telephone interview.

Did You Know?
- You might be eligible for NJ SNAP even if you own your home or have money in the bank.
- To be eligible for NJ SNAP, a single person can have a gross monthly income of $2,096. A household size of three can have a gross monthly income of $3,551 (figures valid October 2022-September 2023).
- If you are eligible for NJ SNAP, you may also qualify for heating assistance through the Low Income Home Energy Assistance Program (LIHEAP).